# The Impact of Wild Bird Feeding on the Bird Community and Health of Individual Birds



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- Bird feeding is a popular pastime. In 2011, 53 million Americans over 16 fed birds and other wildlife and spent \$5 billion on the hobby (USFWS 2012).
- Most studies of bird feeding have focused on seed and feeder preferences (Geis 1980, Horn 1999) and population trends (Bonter and Harvey 2008, Robb et al. 2008).





- While scientific studies on the impact of wild bird feeding have been conducted, several fundamental questions about the hobby remain.
- Few studies have examined how bird feeding influences the health of individual birds and may change the overall bird community (e.g., Brittingham and Temple 1988, Geis and Pomeroy 1993).

# **Objective**



• We examined how bird feeding impacts individual birds and the overall bird community.









- The study took place from spring 2011 summer 2012 at six forested sites in central Illinois. Sites ranged in size from 120 – 1,500 acres.
- During spring 2011, no feeders were added to any sites to get baseline estimates of population size and bird health.
- After spring 2011, feeders were added to three of the sites, while the remaining three sites served as controls.



#### **Study Sites** – Fort Daniel Conservation Area





## **Study Sites** – Robert Allerton Park



• We conducted point counts to estimate the population size of birds at forested sites with and without bird feeders.





• We monitored birds at feeders to examine how abundance of birds changed over time.





• We captured birds in mist nets to examine how bird feeding influences the health of individual birds.







**Methods** – Bird Health

 Six areas of bird health were assessed: body condition, stress, antioxidant levels, nutritional condition, immune function, and disease.









- Between spring 2011 summer 2012, there were 17 species we observed >150 times including 9 residents and 8 migrants.
- Population trends of species at sites where bird food was provided were similar to population trends of species at sites for which no supplemental food was present.



#### **Results** – Seasonal population size estimates for Blackcapped Chickadees





#### **Results** – Seasonal population size estimates for Bluegray Gnatcatchers





- Twelve species were observed at least 30 times during summer 2012, and used in statistical analysis.
- With the exception of Black-capped Chickadees, all species had significantly more birds at feeders during summer 2012 than summer 2011.

#### **Results** – The maximum number of Downy Woodpeckers per 60-minute observation session





#### **Results** – The maximum number of Brown-headed Cowbirds per 60-minute observation session







• From spring 2011 – summer 2012, we captured 1,082 birds from the six study sites combined with 250 (30%) of the captures being recaptures from previous sampling periods.





• We found that supplemental feeding improves body condition in three species and fat stores in eight species.





#### **Results** – Stress





### **Results** – Antioxidant Levels





#### **Results** – Nutritional Condition





#### **Results** – Immune Function





• More birds were found to have symptoms of disease (8%) at feeder sites compared to non-feeder sites (1%).







- The establishment of a feeding station at forested sites resulted in limited changes in population sizes.
- As a feeding station becomes more established, the maximum number of birds visiting feeders increases.
- When compared to birds at sites without bird feeders, there are consistent patterns of birds being in a greater overall health state when feeders are present.
- While some negative effects of bird feeding were also found, these effects can be mitigated.

- This study is the first to examine the effects of wild bird feeding on the bird community and the individual health of such a broad range of species across multiple seasons.
- If funding can be obtained, we hope to continue this study from winter-summer 2013 in order to determine the impact of bird feeding on survival.

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# Questions



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